

Attaining Balance Between Work and Family

- I. What are the causes of imbalance between work and family?
- II. What are the real causes of imbalance?
- III. What steps can be taken to work toward balance?
 - A. Examine the biblical principles of the family.
 1. Household texts:
 - a) Ephesians 5:22-6:9; Colossians 3:18-4;1; 1 Peter 3:1-7
 - b) Why were these principles established by God? Ephesians 5:32
 - B. Examine the biblical principles of work
 1. Creation of work. Genesis 2:15
 2. "Puritan" work ethic
 - a) Colossians 3:23; Ecclesiastes 9:10; Proverbs 13:4; 2 Thessalonians 3:6-9
 3. Warnings of not working
 - a) 1 Timothy 5:8; 2 Thessalonians 3:10
 4. Proper perspective
 - a) 1 Timothy 6:10; 1 Corinthians 10:31; Proverbs 3:5-6
 5. What role do kids play in this discussion?
- IV. Blend the two: Family and Work
 - A. Establish guardrails.
 1. What would guardrails look like?

 **CONNECT TIME**

1. With your spouse, discuss the difficulties and possible solutions to an imbalance, if it exists, between family and work.
2. What are some danger signs/guard rails that can be identified to monitor and correct an imbalance should one occur?
3. Under what circumstances is it permissible to have an imbalance for a season? How will the end of the season be recognized and will there be a commitment to end the imbalance?

 **PRESENTED BY**

Dr. William “Dubs” Byers

dubsbyers@centurytel.net

Dubs is a retired school superintendent and pastor. He and Jane have been married for 47 years and have three sons and four grandchildren. They reside in Gould, Arkansas.

